



## **Post Botox<sup>®</sup> Injection Instructions**

Congratulations, Thank you for coming to DermaCare for your Botox<sup>®</sup> treatment. Please review the following information carefully to achieve optimum results from your treatment and the most comfortable recovery. Please contact DermaCare if you have any concerns regarding your treatment.

Do not exercise strenuously after your Botox<sup>®</sup> treatment for 24 hours. Do not get a facial or massage any of the areas of your face that were treated with the Botox<sup>®</sup> for 48 hours. Do not lay flat for a few hours after the injections. All these activities could potentially spread the Botox<sup>®</sup> into an area of the muscle where we do not want it to migrate.

It is not uncommon to get a small-reddened area or even a bruise at the site of injection. If this occurs and you are concerned, or if it persists, please call our office for a follow-up appointment.

You will notice the effects of Botox<sup>®</sup> within several days after your treatment. This time varies from patient to patient and even from treatment to treatment. Complete results will continue to become apparent for the first 2 weeks after your treatment.

If an area requires an additional treatment after the first treatment, it will not be scheduled prior to 2 weeks to allow the Botox<sup>®</sup> sufficient time to become totally effective. If you feel that an area requires additional treatment, please call the clinic to schedule an appointment for an evaluation and possible treatment.

Botox<sup>®</sup> usually needs to be repeated at approximately three to six month intervals. As a convenience to you we will schedule your next appointment today. The other way of remembering to come in is to wait until you see all of your lines return when you look in the mirror!