



Post Microdermabrasion Instructions

Congratulations on doing a Silkpeel microdermabrasion with dermal infusion at DermaCare of Tri-Cities. The following instructions will help you achieve the best results from your treatment. Please take a moment to review this information and go over any questions and/or concerns you may have with the provider, consultant, and or laser technician.

Please reveal all medical conditions and medications to the consultant and the provider. Certain ones may negatively impact the laser procedure – such as pregnancy, history of cold sore, diabetes, history of skin keloids, and certain medications (i.e., Accutane, tetracycline, etc). If you have any allergy to aspirin remind the provider, consultant, and or laser technician prior to the treatment.

Most patients who undergo these treatments have minimal redness for 1-12 hours. Due to the nature of these treatments, you may experience light flaking for a couple of days. Your skin may feel tight and dry; apply moisturizer as frequently as needed.

Unless recommended by your technician, do not apply other medications except moisturizers and sun block to your skin after the procedure, as they may be irritating. Discontinue use of Retin-A, Renova, or Differin for 1-3 days after your treatment.

Follow your appropriate home care regimen as directed by your technician. Avoid direct sun exposure and excessive heat. Always use sunscreen/sunblock for your protection. Absolutely do not go to a tanning salon for at least 3 weeks before or after a treatment. Do not pick or pull at any loose skin, as this can cause hyperpigmentation.

Recommended products

| SKIN TYPE | CLEANSER | MOISURIZER | SUNSCREEN |
|----------------------------|---|--|---|
| Dry/Aging skin | 10 % Glycolic Cleanser Gentle Green Tea Cleanser | Antioxidant Heavy Weight Moisturizer PyratineXR crème or Pyratine6 crème | TiZo2 or TiZo3 Anti-Aging Sunscreen |
| Acne prone skin | Extra Strength Glycolic & Salicylic Cleanser Avene Diacneal Cleanser | Antioxidant Feather Weight Moisturizer Jane Iredale Tinted Moisturizer | TiZo2 or TiZo3 |
| Hyperpigmented skin | 10% Glycolic Cleanser Glytone Glycolic Facial Cleanser | *Combine Moisturizers with bleaching agents such as: Glytone Fading Lotion Hydroquinone Even Tone Pads | TiZo2 or TiZo3 Anti-Aging Sunscreen Sensitive Skin Glytone Protect |

Thank you for choosing Dermacare for your Silkpeel microdermabrasion.

*Your referrals are greatly appreciated.
You will receive a \$50 credit for each friend that you refer to us.*

DermaCare of Tri-Cities
1305 Fowler St. 1A, Richland, WA
509-783-5050
www.dermacaretricity.com